

Spring Menu 2020



Monday

Tuesday

Wednesday

Thursday

Friday

Week 1 06/01/20 27/01/20 24/02/20 16/03/20

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|------------|--|------------------------------------|---|---|--|
| Option 1 | Cheese & Tomato Pizza | Sausage & Mash with Gravy | Roast Chicken, Stuffing, Roast Potatoes & Gravy | Chicken Curry with Rice | Fish Fingers/ Salmon Fish Fingers with Chips |
| Option 2 | Lentil & Sweet Potato Curry with Rice | Tomato & Vegetable Pasta | Veg Wellington, Roast Potatoes & Gravy | Macaroni Cheese | Vegetarian Sausage & Chips |
| Option 3 | Jacket Potato with Beans | Tomato Soup with ½ Filled Baguette | Jacket Potato with Tuna | Vegetable Soup with ½ Filled Baguette | Jacket Potato with Cheese |
| Vegetables | Sweetcorn Broccoli | Cauliflower Peas | Carrots Green Beans | Savoy Cabbage Sweetcorn | Baked Beans Peas |
| Dessert | Fruit Strudel with Custard Yoghurt / Fruit | Pineapple Cake Yoghurt / Fruit | Orange & Lemon Shortbread Yoghurt / Fruit | Syrup Sponge with Custard Yoghurt / Fruit | Apple, Cheese & Crackers Fruit / Yoghurt |

Week 2 13/01/20 03/02/20 02/03/20 23/03/20

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|------------|---|------------------------------------|--|---|--|
| Option 1 | Cheese, Tomato & Pepper Pizza | Sausage Roll with Wedges | Roast Gammon Roast Potatoes & Gravy | Beef Chilli with Rice | Breaded Fish with Chips |
| Option 2 | Mexican Beans with Rice | Soya Spaghetti Bolognaise | Quorn Roast Fillet with Roast Potatoes & Gravy | Southern Style Vegan Burger | Cheese Frittata with Chips |
| Option 3 | Jacket Potato with Beans | Tomato Soup with ½ Filled Baguette | Jacket Potato with Tuna | Vegetable Soup with ½ Filled Baguette | Jacket Potato with Cheese |
| Vegetables | Sweetcorn Carrots | Peas Coleslaw | Savoy Cabbage Swede | Sweetcorn Green Beans | Baked Beans Peas |
| Dessert | Oaty Pear Crumble & Custard Yoghurt / Fruit | Iced Sponge Yoghurt / Fruit | Chocolate & Mandarin Brownie Yoghurt / Fruit | Banana Sponge & Custard Yoghurt / Fruit | Apple, Cheese & Crackers Fruit / Yoghurt |

Week 3 20/01/20 10/02/20 09/03/20 30/03/20

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| Option 1 | Roasted Vegetable Pizza | Chicken & Sweetcorn Pie with Mash & Gravy | Roast Turkey Roast Potatoes & Gravy | Beef Spaghetti Bolognaise | Fish in Batter with Chips |
| Option 2 | Chickpea Curry With Rice | Moroccan Veggie Balls in Tomato Sauce & Mash | Vegetable Hotpot | Vegan Sausage Roll & Baby Baked Potatoes | Potato & Courgette Stack |
| Option 3 | Jacket Potato with Beans | Tomato Soup with ½ Filled Baguette | Jacket Potato with Tuna | Vegetable Soup with ½ Filled Baguette | Jacket Potato with Cheese |
| Vegetables | Sweetcorn Green Beans | Carrot Broccoli | Cauliflower Savoy Cabbage | Green Beans Carrots | Baked Beans Peas |
| Dessert | Apple Flapjack Yoghurt / Fruit | Oaty Cookie Yoghurt / Fruit | Chocolate Cake with Chocolate Drizzle Yoghurt / Fruit | Fruit Crumble with Custard Yoghurt / Fruit | Apple, Cheese & Crackers Yoghurt / Fruit |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination, traces or elements within products.